



Academic Progress Self-Assessment

1. How confident do you feel about your progress in your favourite subject?

- ☐ A. Very confident – I understand the work well
- ☐ B. Quite confident – I mostly understand but sometimes need help
- ☐ C. Not very confident – I find some parts difficult
- ☐ D. Not confident at all – I struggle a lot

2. Which subject do you feel you have improved the most in recently?

☐ _____

3. Which subject do you find the most challenging right now?

☐ _____

4. How often do you complete your homework and classwork on time?

- ☐ A. Always
- ☐ B. Most of the time
- ☐ C. Sometimes
- ☐ D. Rarely

5. How well do you manage your time when studying or doing school work?

- ☐ A. Very well – I plan and stick to my schedule
- ☐ B. Okay – I try to manage but sometimes get distracted
- ☐ C. Not well – I often leave work until the last minute
- ☐ D. I don't usually plan my study time

6. What is one thing you have done recently that shows good progress in your learning?

Write your answer:

7. **What is one area you want to improve in before the end of term?**

Write your answer:

8. **Who do you usually ask for help when you find something difficult?**

- ☐ A. Teacher
- ☐ B. Parent or family member
- ☐ C. Friend or classmate
- ☐ D. I try to work it out myself
- ☐ E. Other: _____

9. **What support or resources would help you improve your academic progress?**

Write your answer:
