

	t is something new you have learned recently? or draw!)
	t is something you find tricky or challenging right now? or draw!)
	n you find something difficult, what do you usually do? se one or more)
• 1	Keep trying until I get it
• /	Ask a friend for help
• ,	Ask a teacher or adult for help
•	Take a break and try again later
• (Give up and do something else
• (Other:

4. How motivated do you feel to learn new things?

• Very motivated – I love learning!



•	Not very motivated – learning can be hard.	
•	Not motivated at all.	
	at helps you feel motivated to keep going? ose all that apply)	
•	Rewards or prizes	
•	Praise from teachers or family	
•	Seeing my progress	
•	Doing fun activities	
•	Working with friends	
•	Other:	
6. What is a goal you want to achieve at school or at home? (Write or draw!)		
7. Hov	w confident do you feel about reaching your goal?	
•	Very confident!	
•	A little confident	
•	Not sure yet	
•	Not confident	

• Sometimes motivated – it depends on the topic.



Thank you for sharing your thoughts! Keep growing and shining! **